



English	Italian Translation
I need to special order my meal due to my food allergies.	Soffro di allergie alimentari, quindi devo ordinare cibi particolari.
I am allergic/intolerant/hypersensitive to:	Ho un'allergia/intolleranza/ipersensibilità a:
corn	granturco
dairy	latticini
eggs	uova
fish	pesce
gluten	glutine
milk	latte
nuts	nocci
peanuts	arachidi
shell fish	crostacei
soy	soia
wheat	frumento
I cannot eat these foods because I will become ill.	Non posso mangiare questi cibi, perché potrebbero farmi stare male.
I have/am experiencing: an emergency anaphylactic shock an allergic reaction food allergies celiac/coeliac disease lactose intolerance	Soffro di/mi trovo in: un'emergenza shock anafilattico reazione allergica allergie alimentari celiachia intolleranza al lattosio
Thank you for your help.	Grazie per la cortesia.

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